



# The Byword



23rd January 2026

[www.bygrove.org.uk](http://www.bygrove.org.uk)

@bygrove\_primary

## Key Dates

- Wednesday 28th January 2026: Science Parent Workshop: How to interest your children in science outside school at 9am
- Thursday 29th January 2026: Reading for Pleasure Parent Workshop at 9am
- Tuesday 10th February 2026: Y4 sleepover parents meeting
- Wednesday 11th February 2026: Y2/3 show for parents at 2pm
- Friday 13th February 2026: Last day of term - 3:30pm finish
- Monday 16th – Friday 20th February 2026: Half term holidays
- **Monday 23rd February 2026: INSET DAY - School closed**
- Tuesday 24th February 2026: All children return back to school
- Friday 27th February 2026: Parent Have your Say Conference 2026 at 9:15am, Main Hall

Dear Parents and Carers,

Welcome to this week's newsletter! It has been an exciting week at Bygrove, filled with outdoor adventures and sporting ambitions.

We have loved receiving the live updates from our Year 5 and Year 6 residential trip to Fairplay House this week. While you can read a full report with more details further down in this newsletter, I wanted to personally share how impressed we are. The children have had a fantastic time and we are so incredibly proud of the enthusiasm, teamwork and resilience they have shown while tackling new challenges.

The Bygrove team has expressed just how proud they are of every single child. We can't wait to have them back to hear all their stories firsthand!

I would also like to extend a huge thank you to the dedicated staff members who accompanied the children. They have spent significant time away from their own families this week to ensure our pupils could make these lifetime memories possible. Without their commitment, these trips simply couldn't happen.

Are you looking for a way to keep your child active? We still have available places in our Phase 1 and Phase 2 afterschool football clubs and we would love to see more children join in!

Football is a very popular sport here at Bygrove. It's a brilliant way for children to:

- Get fit and improve physical coordination.
- Have fun with their peers in a relaxed environment.
- Develop vital teamwork skills that translate back into the classroom.

Our PE lead, Bradley, is very keen to establish official Bygrove sports teams to represent us in competitions. However, to build strong teams, we first need a high level of active participation in our clubs. Our sessions are designed to be incredibly good value for money, offering high-quality coaching at an affordable price.

Please speak to the Office Team to secure your child's place today!

Wishing you all a wonderful weekend,

Fiona



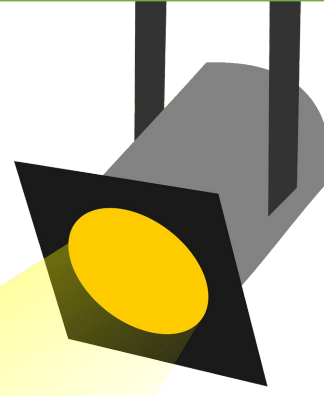
**INVESTORS IN PEOPLE®**  
We invest in people Platinum



**letta**  
trust



# Spotlight on Inclusion



## Spotlight on Inclusion: Our Home School Liaison Officer

This week, we continue our look at the *team behind the scenes* by focusing on a role that is the heartbeat of our community support: our **Home School Liaison Officer (HSLO), Sharon.**

Having a **full-time** HSLO is incredibly rare for a school of our size. Most small schools simply do not have the resources for a dedicated, full-time staff member focused solely on family support and the home-school link. At Bygrove, we view this role as essential. Sharon is often the first port of call for families, and her presence ensures that our Team Bygrove ethos extends well beyond the classroom.

Sharon's role is incredibly broad and, quite frankly, invaluable. Here are just a few of the ways she supports our community:

- **Attendance & Safeguarding:** Sharon works closely with families to ensure every child is in school and safe, helping to remove barriers that might prevent a child from attending.
- **Empowering Parents:** She delivers professional parenting courses and arranges bespoke workshops to help parents navigate the challenges of modern family life.
- **Medical & Practical Support:** From supporting children with complex medical needs to managing our weekly food distribution, Sharon ensures that the basic needs of our pupils are met so they can focus on learning.
- **Building Community:** If you have enjoyed our Summer Fair, attended a coffee morning, or joined a school event, you have seen Sharon's hard work in action. She is the engine behind the events that bring us together.
- **A Shoulder to Cry On:** Perhaps most importantly, Sharon provides a listening ear. Whether it's a quick chat at the gate or a private meeting during a difficult time, she is there for our parents with compassion and without judgment.

Sharon's dedication means that no parent at Bygrove ever has to feel they are dealing with a problem alone. We are so lucky to have her.

# Attendance

Our aim is to promote high attendance so that our pupils achieve well at school. Regular attendance and punctuality is also crucial for making friends and developing good relationships.



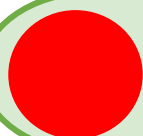
**Exceptional!**  
**100%**



**Very Good**  
**97% - 99%**



**Potential to improve**  
**91% - 96%**



**Needs to improve**  
**90% & below**

Our whole school attendance target for this year:

**97.00%**

Attendance for the week beginning Monday 12th January 2026 - Friday 16th January 2026 (Rec-Y6):

**96.4%**

Year	Attendance
Nursery	90.8%
Reception	93.5%
Year 1	98.7%
Year 2	97.2%
Year 3	97.7%
Year 4	98.0%
Year 5	95.2%
Year 6	94.6%

## Last week's attendance

Y1: 98.7%

Well done Y1!

Paper copies of the Byword are available from the office.

# After School Clubs

We are excited to launch our club provision for the spring term, which will begin on Tuesday 6th January 2026. Ad-Hoc Clubhouse sessions and Breakfast Club will also be starting from Tuesday 6th January 2026.

The clubs will be live on ParentPay by 3pm on Friday 19th December 2025! To sign up, please log on to your [ParentPay](#) accounts.

The clubs available will be:

## After School Clubs - Spring 2026

Each club costs **£19.50 for the term**. The price for the Cooking Club is **£22.00** due to the sessions being longer and the additional resources required. Breakfast Club will cost **£1.00 per day** and Ad-Hoc Clubhouse sessions will cost **£2.50 per day**.

Mondays			
Clubhouse	Nursery - Year 6	3:45 - 5:30	All welcome
Tuesdays			
Clubhouse	Nursery - Year 6	3:45 - 5:30	All welcome
Phase 2 Football Club	Years 4 - Year 6	3:45 - 4:45	8 spaces remaining
Wednesdays			
Clubhouse	Nursery - Year 6	3:45 - 5:30	All welcome
Phase 1 Football Club	Year 1 - Year 3	3:45 - 4:45	15 spaces remaining
Thursdays			
Clubhouse	Nursery - Year 6	3:45 - 5:30	All welcome
Cooking Club ( <b>£22 per term</b> )	Years 1 - Year 6	3:45 - 5:00	1 space remaining
Fridays			
Clubhouse	Nursery - Year 6	3:45 - 5:30	All welcome

# LANGUAGE ANGELS



**This week's word is:**

**"Montaña"**– which means **"Mountain"**

Try using it at home and in school!

## Bygrove WhatsApp Channel

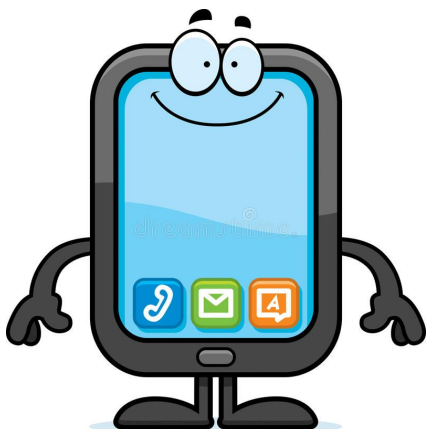


We are delighted to introduce to you our official Bygrove WhatsApp Channel!

To join the channel, simply click on the link below or scan the QR code:

<https://whatsapp.com/channel/0029VbC1wNm2phHULakpU33p>

## Reporting Pupil Absences



If your child is absent, please call the school office by 9:00am everyday. If they attend our Nursery afternoon session please call the school office by 12:30pm.

The school telephone number is:  
020 7538 4925

Please let the school office know in advance if your child has a medical appointment, proof can be emailed to

[admin@bygrove.org.uk](mailto:admin@bygrove.org.uk)



# Stars Of The Week

Year 1

Amaan

Year 2

Yamin

Year 3

Adam C

Year 4

Khaleel

# HANDWRITING HEROES

YEAR 1: ALIYA

YEAR 2: ZUHA

YEAR 3: ELSIE

YEAR 4: NUAIM



# Reception

In Reception, we have been thinking about what Jack might see when he climbs the beanstalk.

The children worked collaboratively and drew around our giant beanstalk. It was a privilege to hear them sharing ideas and to see how engaged they were throughout the activity.



## Year 4

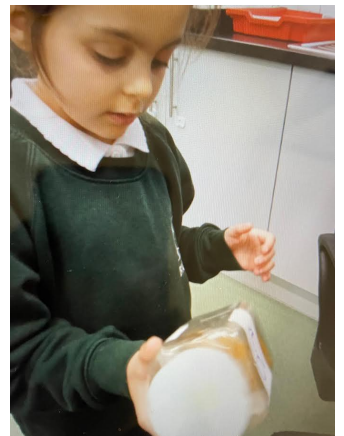
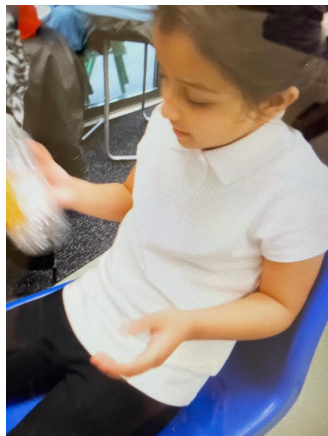
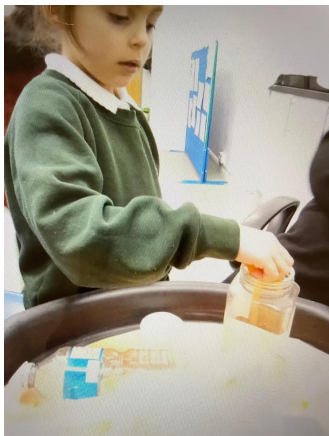
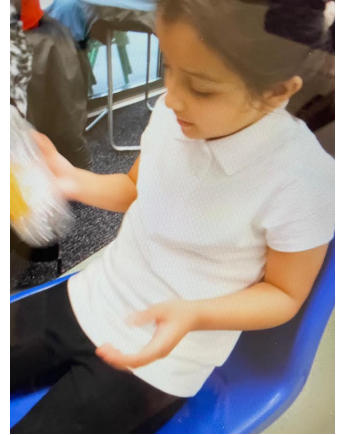
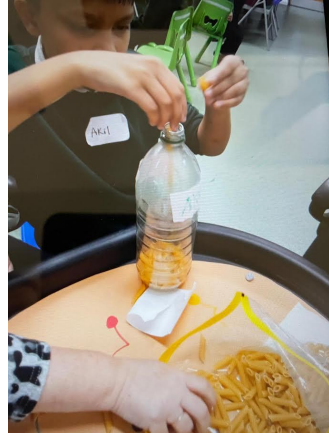
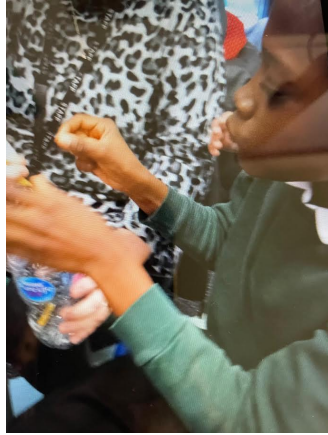


Year 4 had an exciting time at their Explorers destinations last week, particularly the Inca family who worked together to become young entrepreneurs.

They showed strong teamwork, communication and leadership behaviours as they shared ideas, took on responsibilities and developed a creative business concept. They're now looking forward to rolling out their new venture; watch this space!

The children in the SLS this week made shaker instruments using pasta inside plastic bottles. They then practiced shaking the syllables in their name " Ri-yad". Why not have a go at making your own shaker at home from a plastic bottle and dried pasta?

As well as this, the children did some finger painting on animal pictures to represent the Zones Of Regulation - green is for calm,happy and focused.



## Cooking Club



We made delicious pizzas in cooking club yesterday!

# Y5 & Y6 Fairplay House



## Day 1

The children arrived safe and sound at Fairplay House and began unpacking.

They had pasta salad & potatoes for lunch and some cake for dessert before heading out for their first activity.

After our fantastic duty children cleared up dinner, we went for our night walk.

The rain stayed away and everyone was dry. We were able to slosh through the mud and make it back to Fairplay House.

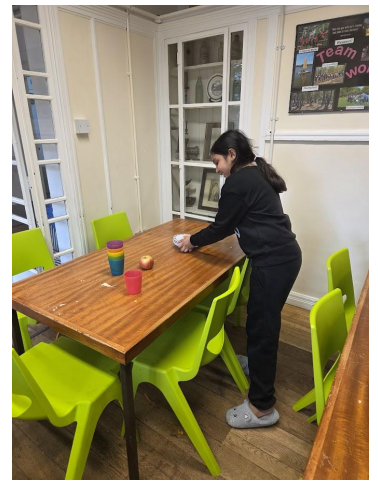


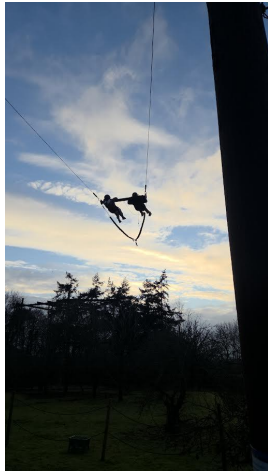
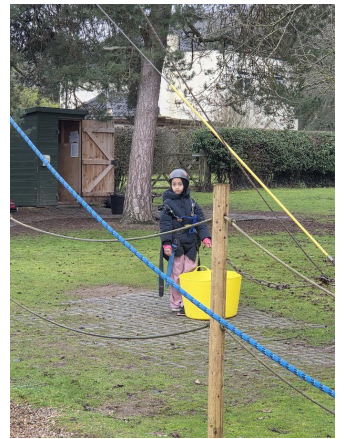
## Day 2

We woke up early and had breakfast - cereal, porridge, toast & croissants! Today, more groups were able to try caving, high ropes, bushcraft and giant swing today.

We had a break to have lunch after a morning of activities before heading straight out for more adventures. Clear skies & smiling faces!

After finishing our last activity of the day, we had a relaxing game night and hot chocolate to warm up.





### Day 3

This morning, our bags are packed and ready to go!

We've had breakfast to fuel ourselves before our final activity here!



# FEBRUARY HALF-TERM

Art & Circus Holiday Camp  
Theme: Lost city of Atlantis

for children aged 5 - 11 years old

**16<sup>th</sup> - 20<sup>th</sup> February**

Times: 9am - 3.30pm

(early drop off @ 8.30am & late pick up @ 5pm)

**Columbia Primary School**

49-53 Columbia Rd,

E2 7RH

&

**Holy Trinity Primary School**

Beechwood Road

E83DY

5% Early Bird Discount (LWU941)

[www.theartimaginarium.co.uk](http://www.theartimaginarium.co.uk)

[hello@theartimaginarium.co.uk](mailto:hello@theartimaginarium.co.uk)



# Social Connect Groups



In Tower Hamlets, the NHS and Children and Family Centres and Family Hubs are working together to help children with **'social communication differences'** (SCD) or autism.

**SCD** stands for **'social communication differences'**. This is when people have differences in the way they interact with other people. Children with SCD might need help communicating, joining in, and managing their feelings. Some people with SCD have a diagnosis of autism, but others don't.

- There are different groups you can join, depending on what you and your child's goals are. In these groups, you will learn strategies to help your child to develop in their every day activities.
- You can attend these groups in any order. Together with a professional, you can decide which group you think is best for you.
- Some of our groups are online (you join from home using your phone or computer) and some are 'in-person' groups (you go to the children's centre).
- To join the **online** groups, sign yourself up on our Eventbrite website! Click this link: <https://www.eventbrite.co.uk/o/barts-young-health-childrens-therapies-75042212983>
- Or scan this code using the camera on your phone...



- If you want to join the **in-person** groups, ask your nearest Children and Family Centre.



# Free online learning resources for families

Get access to online learning on emotional wellbeing, brain development, behaviour management, and parenting, for both adults and children.

Learn from NHS clinical psychologists, practitioners and parents, these courses will give you access to pathways to help you and your family better understand and manage your emotional health in everyday life.



Use the exclusive access code:  
**LBTHFH**



You can access all our courses in different languages, including Bengali, Urdu, Somalian, Chinese and more.

For more information, scan the QR or contact **Zubair Ahmed** on **020 7364 2240**.



Explore and Connect is a stay and play for children with SCD. There are fewer children than the universal stay and play groups. You can play with your child and connect with other parents. You can also speak to staff who can give you ideas and tips.

**To join:**  
ask your nearest Children and Family Centre or speak to a professional



**Explore and Connect:**  
Stay and Play

**Learn and Connect:**  
Parent Group



Learn and Connect is Speech and Language Therapy and Occupational Therapy for your child. The course is designed to help you to help your child develop every day. Delivered by experts (speech and language therapists and occupational therapists) you will learn through discussion and videos: what SCD is, how your child learns, how to develop your child's communication, how to help your child learn to do every day activities (e.g. getting dressed, brushing teeth).

You can choose to attend a group online or in-person at the Children and Family Centres. This is a group for parents only. **For in-person groups, there will be a creche where you child can be looked after.** Every group is 1.5 hours, and the course is 6 weeks long.

**To sign up:**

**Online:** Scan the QR code with your phone camera/follow the link  
**In-person:** ask your nearest Children and Family Centre or speak to a professional

Learn new ways to help your child with their communication and taking part in everyday activities. You will try the ideas and activities with your child, while Early Intervention Workers support you. Each week is 1.5 hours long and it takes 6 weeks. This a group for you **and** your child - you will learn together!

**To join:** ask your nearest Children and Family Centre or speak to a professional.

**Play and Connect:**  
Parent and Child Group



**If you need a group in another language, or need help joining**

please ask your nearest Children and Family Centre, ask a health professional or email us  
[bartshealth.socialconnect@nhs.net](mailto:bartshealth.socialconnect@nhs.net)

**To sign up to online groups, visit the link below or scan the QR code**

<https://www.eventbrite.co.uk/o/barts-young-health-childrens-therapies-75042212983>



# Early Language Team

## What we offer



In Tower Hamlets, the NHS and Children and Family Centres and Family Hubs are working together to help children with speech and language difficulties.

**The Early Language Team supports children aged 0-5 years old (up to the end of Reception) living in Tower Hamlets who have difficulties with:**

- Language (understanding and talking)
- Pronunciation (saying speech sounds and words clearly)
- Situational Mutism (able to talk in some places but do not talk in other places)

### Stay and Play

Speech and language therapists drop in to stay and play sessions every month at some children and family centres. If you would like to ask a question or get some advice about your child's talking from a speech and language therapist, ask your nearest children and family centre.

**Get down,  
get talking,  
Tower Hamlets**



### Early Language workshop

#### Parents/carers only

To find out more about speech and language development and what support is available for your child, you can access the online parent workshop by scanning the QR code:



### Little Talkers

Little Talkers is a speech and language therapy group for parents/carers and children who have speech and language difficulties. Parents/carers learn strategies to support their children's talking.

To join Little Talkers, ask your nearest children and family centre or speak to a professional.

We also run Little Talkers Online sessions for parents/carers only. Scan this QR code to sign up for Little Talkers Online:



Sign up to our mailing list for updates from the Early Language Team

### Growing Talkers

Growing Talkers is a clinic-based service for children who have already accessed Little Talkers or Growing Talkers, and have been identified as needing more Speech and Language Therapy support.

Children can be referred to Growing Talkers at and after the Little Talkers Review.

To find out more or get help, email us at [bartshealth.earlylanguage@nhs.net](mailto:bartshealth.earlylanguage@nhs.net) or call 020 7767 3322, Option 3 and leave a message for the Early Language Team



# **PASG - Parent Autism Support Group**

## **For all parents**

<b>Session Name</b>	<b>Date</b>	<b>Time</b>	<b>Room</b>
DCOS session	Wednesday 15 <sup>th</sup> October 2025	10am-11:30am	Training Suite 2
Social Care	Thursday 13 <sup>th</sup> November 2025	10am-11:30am	Training Suite 2
Behaviour - Dysregulation and Crisis Behaviour	Wednesday 10 <sup>th</sup> December 2025	10am-11:30am	Training Suite 2
OT session	Thursday 8 <sup>th</sup> January 2026	10am-11:30am	Training Suite 2
Behaviour - Regular Occuring Behaviour	Thursday 12 <sup>th</sup> February 2026	10am-11:30am	Training Suite 2
Puberty - Boys	Thursday 23 <sup>rd</sup> April 2026	10am-11:30am	Training Suite 2
Puberty - Girls	Wednesday 13 <sup>th</sup> May 2026	10am-11:30am	Training Suite 1
Toileting	Wednesday 3 <sup>rd</sup> June 2026	10am-11:30am	Training Suite 2
Leisure and Play	Wednesday 1 <sup>st</sup> July 2026	10am-11:30am	Training Suite 1

**Co-ordinator: Salina/Khadra/Junayel**

**To Book, Email: [parents@phoenix.towerhamlets.sch.uk](mailto:parents@phoenix.towerhamlets.sch.uk)**



## TARGETED YOUTH SUPPORT (TYS) WORKSHOP SERIES 2/4

# Understanding Emotional Based School Avoidance: A Parent's Guide

As part of our ongoing work with families, Targeted Youth Support has developed a series of practical workshops.

This supportive workshop is designed to help parents make sense of why some children struggle to attend school. We will look at the emotions behind avoidance, share real-life examples, and discuss effective ways to encourage your child back into school life. You will leave with practical tools and reassurance that small consistent steps can make a big difference.

**Thursday 29th January  
12:30-2:30pm**

This session will be held at the Tower Hamlets Town Hall, 160 Whitechapel Road, London, E1 1BJ.

For more information about this workshop, or about Targeted Youth Support, please get in touch via e-mail: [targetedyouthsupport@towerhamlets.gov.uk](mailto:targetedyouthsupport@towerhamlets.gov.uk).



**Scan the QR code  
to get signed up**





## TARGETED YOUTH SUPPORT (TYS) WORKSHOP SERIES 3/4

# Understanding Online Harm

As part of our ongoing work with families, Targeted Youth Support has developed a series of practical workshops.

In today's digital world, online spaces can be both empowering and challenging. This interactive workshop explores the real impacts of online harm from recognising the signs to learning practical tools to stay safe, manage online interactions, and build digital resilience.

Empower yourself with the knowledge and confidence to navigate and support your family online safely and responsibly.

**Wednesday 4th February**  
**12:30-2:30pm**

This session will be held at the Tower Hamlets Town Hall, 160 Whitechapel Road, London, E1 1BJ.

For more information about this workshop, or about Targeted Youth Support, please get in touch via e-mail: [targetedyouthsupport@towerhamlets.gov.uk](mailto:targetedyouthsupport@towerhamlets.gov.uk).



**Scan the QR code  
to get signed up**



## TARGETED YOUTH SUPPORT (TYS) WORKSHOP SERIES 4/4

# Stronger Together: How Connected Families Support Child Mental Health

As part of our ongoing work with families, Targeted Youth Support has developed a series of practical workshops.

Join us for a workshop designed for parents of adolescents. This session will offer an accessible overview of how the teenage brain develops and how those changes can affect emotions, behaviour, and family dynamics.

We'll explore the vital role strong family connections play in supporting mental wellbeing, and share practical communication strategies, to help deepen understanding and build trust.

The workshop will also unpack the difference between control and connection, showing how nurturing relationships can foster resilience during adolescence.

**Monday 9th February**  
**12:30-2:30pm**

This session will be held at the Tower Hamlets Town Hall, 160 Whitechapel Road, London, E1 1BJ.

For more information about this workshop, or about Targeted Youth Support, please get in touch via e-mail: [targetedyouthsupport@towerhamlets.gov.uk](mailto:targetedyouthsupport@towerhamlets.gov.uk)



**Scan the QR  
code to get  
signed up**



# SEND AID

## FAMILY HUB

### TOWER HAMLETS

JOIN OUR WEEKLY SEND AID FAMILY HUB SESSIONS IN **TOWER HAMLETS**



- Sensory and activity rooms for children with autism
- SEND advice clinic; support with SEND law, EHCP, Appeals etc.
- Mother's and Father's lounge
- Siblings activity spaces

FOR CHILDREN AGE 5-16

EVERY Saturday  
10.00am - 1.30pm  
10<sup>th</sup> January onwards

OVERLAND FAMILY HUB  
60 Parnell road,  
Bow, E3 2RU



SUPPORTED BY



Book your place by emailing  
[info@sendaid.org](mailto:info@sendaid.org)

# Bygrove Pupil Vacancies



Did you know we have pupil vacancies at Bygrove? If you have a child or know someone who might be interested, please apply, share and join our waiting list!

<b>Nursery admissions 2026</b> For children born between 1 September 2022 and 31 August 2023	52 spaces available for 2026/27 apply online via the <a href="#">eadmissions portal</a>
<b>Reception admissions 2026</b> For children born between 1 September 2021 and 31 August 2022	30 spaces available for 2026/27 apply online via the <a href="#">eadmissions portal</a>
<b>Nursery admissions 2025</b> For children born between 1 September 2021 and 31 August 2022	2 spaces available for 2025/26 apply online via the <a href="#">Parent Portal</a>
<b>Current Year 2 admissions</b> For children born between 1 September 2018 and 31 August 2019	1 spaces available! Apply via the <a href="#">Parent Portal</a>
<b>Current Year 5 admissions</b> For children born between 1 September 2015 and 31 August 2016	1 space available! Apply via the <a href="#">Parent Portal</a>
<b>Current Year 6 admissions</b> For children born between 1 September 2014 and 31 August 2015	2 spaces available! Apply via the <a href="#">Parent Portal</a>

If we are currently full in other year groups, please still apply to join our waiting list via the [Parent Portal](#). For more information about in-year admissions visit [LBTH in-year admissions](#).

For more information about all admissions in Tower Hamlets visit [LBTH school admissions](#).

**Contact the admissions service directly for more information**

Email: [school.admissions@towerhamlets.gov.uk](mailto:school.admissions@towerhamlets.gov.uk)

Telephone: 020 7364 5006

**Late applications will be accepted so please apply now and share with family and friends!**

**We also offer places to rising 3-year-olds to start nursery a term after turning 3 years old. Please spread the word and tell them to apply ASAP! They can apply via: the [Parent Portal](#)**



# NURSERY

## Places Available!

Do you have or know someone with a child born between 1 September 2021 and 31 August 2022?

Apply now via the [Parent Portal](#)

They can start with us in September 2025



DID YOU KNOW?

We also offer places to rising 3-year-olds to start nursery a term after turning 3 years old! They can start in January 2026 or April 2026.

Please contact the school office on 020 7538 4925 or email [admin@bygrove.org.uk](mailto:admin@bygrove.org.uk)

Click the link below for more information

[Nursery admissions 2025](#)