



The Byword



16th January 2026

www.bygrove.org.uk

@bygrove_primary

Key Dates

- Wednesday 21st – Friday 23rd January: Y5 & Y6 residential trip to Fairplay House
- Tuesday 10th February 2026: Y4 sleepover parents meeting
- Wednesday 11th February 2026: Y2/3 show for parents at 2pm
- Friday 13th February 2026: Last day of term - 3:30pm finish
- Monday 16th – Friday 20th February 2026: Half term holidays
- **Monday 23rd February 2026: INSET DAY - School closed**
- Tuesday 24th February 2026: All children return back to school
- Friday 27th February 2026: Parent Have your Say Conference 2026 at 9:15am, Main Hall

Dear Parents and Carers,

I am absolutely delighted to share some wonderful news with you all this week.

Over the past fortnight, we have seen a fantastic improvement in our school attendance figures. I am incredibly proud to announce that, thanks to your commitment, Bygrove is currently ranked 1st in all of Tower Hamlets for attendance!

This is a phenomenal achievement for our school community. Being at the top of the local authority leaderboard is a testament to the value we all place on education. Thank you for your continued support in ensuring that our children benefit from excellent learning experiences every single day.

The excitement is building as we prepare to take our Year 5 and Year 6 pupils to Fairplay House next week for their residential trip!

This is a highlight of the school calendar and a brilliant opportunity for our older children to:

- **Develop life-long skills:** From teamwork and leadership to resilience and independence.
- **Challenge themselves:** Taking part in adventurous outdoor activities.
- **Make lasting memories:** Having a lot of fun with their peers outside of the classroom.

We know they will represent our school brilliantly and we can't wait to hear all about their adventures when they return.

Wishing you all a restful and happy weekend.

Warm regards,

Fiona



INVESTORS IN PEOPLE®
We invest in people Platinum





Spotlight on Inclusion



Spotlight on Inclusion: Our School-Based Social Worker

In our first spotlight feature, I want to highlight a role that is truly a unique selling point for Bygrove: our school-based social worker, **Sabina**.

Our decision to invest school funding into having a dedicated social worker on-site for one day a week is a significant commitment. It is a rare resource for any primary school, and particularly unusual for a small setting like ours. However, we believe that for children to learn effectively, they and their families must feel supported, heard and safe.

Sabina has been an invaluable part of Team Bygrove, providing a bridge between home and school. Her impact is felt across the community in several vital ways:

- **Direct Support for Children & Families:** Sabina works closely with families and one-on-one with pupils, providing a safe space for them to navigate their emotions and challenges.
- **Expertise in Safeguarding:** She provides high-level guidance to staff and leads on complex referrals, ensuring that no family falls through the gaps of external services.
- **SEND Parent Group:** Sabina leads our dedicated group for parents of children with Special Educational Needs and Disabilities, creating a community of peer support and expert advice.
- **Staff Wellbeing:** She offers a wealth of knowledge to our teaching team, helping us better understand the diverse needs of our school population.

By having Sabina as a consistent, familiar face within our building, we are able to act quickly and compassionately when families need us most. We are incredibly proud to have her as part of the Bygrove family.

If you would like to speak to Sabina, she can be reached through the school admin email account and works on-site on Thursdays. Please keep an eye out in the Byword for her SEND group and other workshops.

Attendance

Our aim is to promote high attendance so that our pupils achieve well at school. Regular attendance and punctuality is also crucial for making friends and developing good relationships.



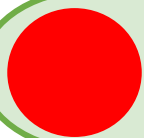
Exceptional!
100%



Very Good
97% - 99%



Potential to improve
91% - 96%



Needs to improve
90% & below

Our whole school attendance target for this year:

97.00%

Attendance for the week beginning Monday 5th January 2026 - Friday 9th January 2026 (Rec-Y6):

94.1%

Year	Attendance
Nursery	91.8%
Reception	96.6%
Year 1	95.4%
Year 2	90.2%
Year 3	96.7%
Year 4	92.5%
Year 5	91.4%
Year 6	95.5%

Last week's attendance

Y3: 96.7%

Well done Y3!

Paper copies of the Byword are available from the office.

After School Clubs

We are excited to launch our club provision for the spring term, which will begin on Tuesday 6th January 2026. Ad-Hoc Clubhouse sessions and Breakfast Club will also be starting from Tuesday 6th January 2026.

The clubs will be live on ParentPay by 3pm on Friday 19th December 2025! To sign up, please log on to your [ParentPay](#) accounts.

The clubs available will be:

After School Clubs - Spring 2026

Each club costs **£19.50 for the term**. The price for the Cooking Club is **£22.00** due to the sessions being longer and the additional resources required. Breakfast Club will cost **£1.00 per day** and Ad-Hoc Clubhouse sessions will cost **£2.50 per day**.

Mondays			
Clubhouse	Nursery - Year 6	3:45 - 5:30	All welcome
Tuesdays			
Clubhouse	Nursery - Year 6	3:45 - 5:30	All welcome
Phase 2 Football Club	Years 4 - Year 6	3:45 - 4:45	11 spaces remaining
Wednesdays			
Clubhouse	Nursery - Year 6	3:45 - 5:30	All welcome
Phase 1 Football Club	Year 1 - Year 3	3:45 - 4:45	15 spaces remaining
Thursdays			
Clubhouse	Nursery - Year 6	3:45 - 5:30	All welcome
Cooking Club (£22 per term)	Years 1 - Year 6	3:45 - 5:00	1 space remaining
Fridays			
Clubhouse	Nursery - Year 6	3:45 - 5:30	All welcome

LANGUAGE ANGELS



This week's word is:

"Tren"– which means **"Train"**

Try using it at home and in school!

Bygrove WhatsApp Channel



We are delighted to introduce to you our official Bygrove WhatsApp Channel!

To join the channel, simply click on the link below or scan the QR code:
<https://whatsapp.com/channel/0029VbC1wNm2phHULqkpU33p>

Felix | THE FELIX PROJECT



The Felix Project is a food redistribution charity that delivers food to our school every Friday.

At home time on Fridays, parents are welcome to bring a bag and choose any items they would like from the tables in the main playground.

Any items that are past their best-before date will be placed on a separate table. These items are optional and parents will be responsible if they wish to take them.



Stars Of The Week

Year 1

Naim

Year 2

Ihsaanul

Year 3

Aisha & Taqwa

Year 4

Zakariya H

Year 5

Tarique

HANDWRITING HEROES

YEAR 1: SOPHIA

YEAR 2: ZAHRA

YEAR 3: DARIS

YEAR 4: TAQIYA

YEAR 5: ALI





Mathematics

MATHLETICS WINNERS

1ST: Y2 - 23,647 POINTS

2ND: Y6 - 5,193 POINTS

3RD: Y4 - 4,040 POINTS

**TOP STUDENT AT BYGROVE
THIS WEEK:**

**ZUHA - Y2
4,798 POINTS**

Year 4

Year 4 had an amazing time ice skating at Canary Wharf this week. The children showed great perseverance, especially when learning new skills and overcoming initial challenges. With practice and encouragement, they improved their balance and confidence on the ice. They also supported one another and celebrated their progress throughout the session.



Year 5

Year 5 have been looking at air resistance in Science and created a parachute to launch an egg in. They carried out their experiments and recorded their findings.



Future Scientists at Work!
The children in the SLS had a "splashing" good time investigating floating and sinking this week. By testing different materials in water, they learned firsthand how shape and weight affect whether an object sinks or floats. Great job, everyone!



Y5 & Y6 Fairplay House reminders



- If you haven't done so already, please ensure that all payments are cleared as soon as possible via [ParentPay](#)
- Consent forms (paper copies) have been sent home this week, please return the completed forms to the school office by Monday 19th January 2026
- Please do not pack any snacks.



It is not too late if you haven't signed up, just do so via [ParentPay](#) as soon as possible and contact the office team to complete a printed medical consent form.

Social Connect Groups



In Tower Hamlets, the NHS and Children and Family Centres and Family Hubs are working together to help children with **'social communication differences'** (SCD) or autism.

SCD stands for **'social communication differences'**. This is when people have differences in the way they interact with other people. Children with SCD might need help communicating, joining in, and managing their feelings. Some people with SCD have a diagnosis of autism, but others don't.

- There are different groups you can join, depending on what you and your child's goals are. In these groups, you will learn strategies to help your child to develop in their every day activities.
- You can attend these groups in any order. Together with a professional, you can decide which group you think is best for you.
- Some of our groups are online (you join from home using your phone or computer) and some are 'in-person' groups (you go to the children's centre).
- To join the **online** groups, sign yourself up on our Eventbrite website! Click this link: <https://www.eventbrite.co.uk/o/barts-young-health-childrens-therapies-75042212983>
- Or scan this code using the camera on your phone...



- If you want to join the **in-person** groups, ask your nearest Children and Family Centre.



Explore and Connect is a stay and play for children with SCD. There are fewer children than the universal stay and play groups. You can play with your child and connect with other parents. You can also speak to staff who can give you ideas and tips.

To join:

ask your nearest Children and Family Centre or speak to a professional



Explore and Connect:
Stay and Play

Learn and Connect:
Parent Group



Learn and Connect is Speech and Language Therapy and Occupational Therapy for your child. The course is designed to help you to help your child develop every day. Delivered by experts (speech and language therapists and occupational therapists) you will learn through discussion and videos: what SCD is, how your child learns, how to develop your child's communication, how to help your child learn to do every day activities (e.g. getting dressed, brushing teeth).

You can choose to attend a group online or in-person at the Children and Family Centres. This is a group for parents only. **For in-person groups, there will be a creche where you child can be looked after.** Every group is 1.5 hours, and the course is 6 weeks long.

To sign up:

Online: Scan the QR code with your phone camera/follow the link
In-person: ask your nearest Children and Family Centre or speak to a professional

Learn new ways to help your child with their communication and taking part in everyday activities. You will try the ideas and activities with your child, while Early Intervention Workers support you. Each week is 1.5 hours long and it takes 6 weeks. This a group for you **and** your child - you will learn together!

To join: ask your nearest Children and Family Centre or speak to a professional.

Play and Connect:
Parent and Child Group



If you need a group in another language, or need help joining

please ask your nearest Children and Family Centre, ask a health professional or email us
bartshealth.socialconnect@nhs.net

To sign up to online groups, visit the link below or scan the QR code

<https://www.eventbrite.co.uk/o/barts-young-health-childrens-therapies-75042212983>



Early Language Team

What we offer



In Tower Hamlets, the NHS and Children and Family Centres and Family Hubs are working together to help children with speech and language difficulties.

The Early Language Team supports children aged 0-5 years old (up to the end of Reception) living in Tower Hamlets who have difficulties with:

- Language (understanding and talking)
- Pronunciation (saying speech sounds and words clearly)
- Situational Mutism (able to talk in some places but do not talk in other places)

Stay and Play

Speech and language therapists drop in to stay and play sessions every month at some children and family centres. If you would like to ask a question or get some advice about your child's talking from a speech and language therapist, ask your nearest children and family centre.

**Get down,
get talking,
Tower Hamlets**



Early Language workshop

Parents/carers only

To find out more about speech and language development and what support is available for your child, you can access the online parent workshop by scanning the QR code:



Little Talkers

Little Talkers is a speech and language therapy group for parents/carers and children who have speech and language difficulties. Parents/carers learn strategies to support their children's talking.

To join Little Talkers, ask your nearest children and family centre or speak to a professional.

We also run Little Talkers Online sessions for parents/carers only. Scan this QR code to sign up for Little Talkers Online:



Sign up to our mailing list for updates from the Early Language Team

Growing Talkers

Growing Talkers is a clinic-based service for children who have already accessed Little Talkers or Growing Talkers, and have been identified as needing more Speech and Language Therapy support.

Children can be referred to Growing Talkers at and after the Little Talkers Review.

To find out more or get help, email us at bartshealth.earlylanguage@nhs.net or call 020 7767 3322, Option 3 and leave a message for the Early Language Team



PASG - Parent Autism Support Group

For all parents

Session Name	Date	Time	Room
DCOS session	Wednesday 15 th October 2025	10am-11:30am	Training Suite 2
Social Care	Thursday 13 th November 2025	10am-11:30am	Training Suite 2
Behaviour - Dysregulation and Crisis Behaviour	Wednesday 10 th December 2025	10am-11:30am	Training Suite 2
OT session	Thursday 8 th January 2026	10am-11:30am	Training Suite 2
Behaviour - Regular Occuring Behaviour	Thursday 12 th February 2026	10am-11:30am	Training Suite 2
Puberty - Boys	Thursday 23 rd April 2026	10am-11:30am	Training Suite 2
Puberty - Girls	Wednesday 13 th May 2026	10am-11:30am	Training Suite 1
Toileting	Wednesday 3 rd June 2026	10am-11:30am	Training Suite 2
Leisure and Play	Wednesday 1 st July 2026	10am-11:30am	Training Suite 1

Co-ordinator: Salina/Khadra/Junayel

To Book, Email: parents@phoenix.towerhamlets.sch.uk



TARGETED YOUTH SUPPORT (TYS) WORKSHOP SERIES 1/4

Substance Misuse Awareness for Parents

As part of our ongoing work with families, Targeted Youth Support has developed a series of practical workshops.

Join us for an engaging and interactive workshop on substance misuse awareness. This session is designed to empower parents with the knowledge, tools and confidence to support young people who may be affected by substance misuse.

Learn about the signs to look out for, how to have supportive conversations, build resilience within your family, and discover the range of local support services available for in Tower Hamlets. Together we can help our young people make safer, healthier choices for a brighter future.

**Tuesday 20th January
12:30-2:30pm**

This session will be held at the Tower Hamlets Town Hall, 160 Whitechapel Road, London, E1 1BJ.

For more information about this workshop, or about Targeted Youth Support, please get in touch via e-mail: targetedyouthsupport@towerhamlets.gov.uk.



**Scan the QR code
to get signed up**





TARGETED YOUTH SUPPORT (TYS) WORKSHOP SERIES 2/4

Understanding Emotional Based School Avoidance: A Parent's Guide

As part of our ongoing work with families, Targeted Youth Support has developed a series of practical workshops.

This supportive workshop is designed to help parents make sense of why some children struggle to attend school. We will look at the emotions behind avoidance, share real-life examples, and discuss effective ways to encourage your child back into school life. You will leave with practical tools and reassurance that small consistent steps can make a big difference.

**Thursday 29th January
12:30-2:30pm**

This session will be held at the Tower Hamlets Town Hall, 160 Whitechapel Road, London, E1 1BJ.

For more information about this workshop, or about Targeted Youth Support, please get in touch via e-mail: targetedyouthsupport@towerhamlets.gov.uk.



**Scan the QR code
to get signed up**





TARGETED YOUTH SUPPORT (TYS) WORKSHOP SERIES 3/4

Understanding Online Harm

As part of our ongoing work with families, Targeted Youth Support has developed a series of practical workshops.

In today's digital world, online spaces can be both empowering and challenging. This interactive workshop explores the real impacts of online harm from recognising the signs to learning practical tools to stay safe, manage online interactions, and build digital resilience.

Empower yourself with the knowledge and confidence to navigate and support your family online safely and responsibly.

Wednesday 4th February
12:30-2:30pm

This session will be held at the Tower Hamlets Town Hall, 160 Whitechapel Road, London, E1 1BJ.

For more information about this workshop, or about Targeted Youth Support, please get in touch via e-mail: targetedyouthsupport@towerhamlets.gov.uk.



**Scan the QR code
to get signed up**



TARGETED YOUTH SUPPORT (TYS) WORKSHOP SERIES 4/4

Stronger Together: How Connected Families Support Child Mental Health

As part of our ongoing work with families, Targeted Youth Support has developed a series of practical workshops.

Join us for a workshop designed for parents of adolescents. This session will offer an accessible overview of how the teenage brain develops and how those changes can affect emotions, behaviour, and family dynamics.

We'll explore the vital role strong family connections play in supporting mental wellbeing, and share practical communication strategies, to help deepen understanding and build trust.

The workshop will also unpack the difference between control and connection, showing how nurturing relationships can foster resilience during adolescence.

Monday 9th February
12:30-2:30pm

This session will be held at the Tower Hamlets Town Hall, 160 Whitechapel Road, London, E1 1BJ.

For more information about this workshop, or about Targeted Youth Support, please get in touch via e-mail: targetedyouthsupport@towerhamlets.gov.uk



**Scan the QR
code to get
signed up**



SEND AID

FAMILY HUB

TOWER HAMLETS

JOIN OUR WEEKLY SEND AID FAMILY HUB SESSIONS IN **TOWER HAMLETS**



- Sensory and activity rooms for children with autism
- SEND advice clinic; support with SEND law, EHCP, Appeals etc.
- Mother's and Father's lounge
- Siblings activity spaces

FOR CHILDREN AGE 5-16

EVERY Saturday
10.00am - 1.30pm
10th January onwards

OVERLAND FAMILY HUB
60 Parnell road,
Bow, E3 2RU



SUPPORTED BY



Book your place by emailing
info@sendaid.org

Bygrove Pupil Vacancies



Did you know we have pupil vacancies at Bygrove? If you have a child or know someone who might be interested, please apply, share and join our waiting list!

Nursery admissions 2026 For children born between 1 September 2022 and 31 August 2023	52 spaces available for 2026/27 apply online via the eadmissions portal
Reception admissions 2026 For children born between 1 September 2021 and 31 August 2022	30 spaces available for 2026/27 apply online via the eadmissions portal
Nursery admissions 2025 For children born between 1 September 2021 and 31 August 2022	2 spaces available for 2025/26 apply online via the Parent Portal
Current Year 2 admissions For children born between 1 September 2018 and 31 August 2019	1 spaces available! Apply via the Parent Portal
Current Year 5 admissions For children born between 1 September 2015 and 31 August 2016	1 space available! Apply via the Parent Portal
Current Year 6 admissions For children born between 1 September 2014 and 31 August 2015	2 spaces available! Apply via the Parent Portal

If we are currently full in other year groups, please still apply to join our waiting list via the [Parent Portal](#). For more information about in-year admissions visit [LBTH in-year admissions](#).

For more information about all admissions in Tower Hamlets visit [LBTH school admissions](#).

Contact the admissions service directly for more information

Email: school.admissions@towerhamlets.gov.uk

Telephone: 020 7364 5006

Late applications will be accepted so please apply now and share with family and friends!

We also offer places to rising 3-year-olds to start nursery a term after turning 3 years old. Please spread the word and tell them to apply ASAP! They can apply via: the [Parent Portal](#)



NURSERY

Places Available!

Do you have or know someone with a child born between 1 September 2021 and 31 August 2022?

Apply now via the [Parent Portal](#)

They can start with us in September 2025



DID YOU KNOW?

We also offer places to rising 3-year-olds to start nursery a term after turning 3 years old! They can start in January 2026 or April 2026.

Please contact the school office on 020 7538 4925 or email admin@bygrove.org.uk

Click the link below for more information

[Nursery admissions 2025](#)