





28th April 2023

www.bygrove.org.uk

@bygrove_primary

Key Dates

- Monday 1st May: Bank Holiday - school closed
- Monday 8th May: Bank Holiday - school closed
- Monday 8th May Friday 10th May: Year 6

 SATS Week
- Monday 15th May INSET DAY - school closed
- Thursday 18th May:
 Parent workshop Substance Abuse
- Wednesday 24th May: Year 3 Gorsefield Trip
- Monday 29th May -Friday 2nd June: Half

 Term - school closed
- Monday 5th June: All pupils return to school
- Monday 5th June:
 Sports Day (Y1-Y6)
- Thursday 8th June:
 Parent Workshop County Lines
- Wednesday 21st June:
 Going to Work Day
- Thursday 22nd June: Class Photos
- Monday 19th Friday
 23rd June: Be Healthy
 Week
- Friday 21st July: Last day of the academic year - 1:30pm finish & no clubs

Let's talk about **behaviour...**

Behaviour at Bygrove is **excellent**. School staff, pupils and parents are clear about the high standard of behaviour expected of pupils at Bygrove. Pupils work with their class teachers at the beginning of each school year to establish a rights respecting class charter that is displayed in each classroom.

Staff members encourage excellent behaviour in a range of ways & children follow the Magnificent Seven:



We use the **zones of regulation** to help the children to manage their feelings & emotions.

We believe that relationships are the foundation of cooperation and respect. The purpose of our behaviour policy is to help staff to maintain positive relationships with pupils and foster a sense of community in which learning can take place.

We use **restorative conversations** to maintain strong relationships; healing harms and coming together as a community following conflict.

If you would like to find out more about our behaviour policy, restorative approaches or zones of regulation, please have a look on our website or speak to a member of the team.









Spaces for April 2023 until July 2023 are now available!

To sign up, please log on to your ParentPay accounts. Each club space is offered on a first come, first served basis.

Please contact the School Office for help with ParentPay.

| | Mono | lay | | | | |
|-----------------------|--------------|-------------|---------------------|--|--|--|
| Club House | Nursery - Y6 | 3:45 - 5:30 | All welcome | | | |
| Music Production | Years 2 - Y6 | 3:45 - 4:45 | 15 spaces remaining | | | |
| Football Club | Nursery - Y3 | 3:45 - 4:45 | NO spaces remaining | | | |
| Tuesday | | | | | | |
| Club House | Nursery - Y6 | 3:45 - 5:30 | All welcome | | | |
| Multi-Sports Club | Years 3 - Y6 | 3:45 - 4:45 | 10 spaces remaining | | | |
| Wednesday | | | | | | |
| Club House | Nursery - Y6 | 3:45 - 5:30 | All welcome | | | |
| Football Club | Years 4 - Y6 | 3:45 - 4:45 | 8 spaces remaining | | | |
| | Thurse | day | | | | |
| Club House | Nursery - Y6 | 3:45 - 5:30 | All welcome | | | |
| Cycling/Scooting Club | Years 3 - 6 | 3:45 - 4:45 | 1 space remaining | | | |
| Friday | | | | | | |
| Club House | Nursery - Y6 | 3:45 - 5:30 | All welcome | | | |
| Computing Club | Years 3 - 6 | 3:45 - 4:45 | 5 spaces remaining | | | |
| Volleyball Club | Years 3 - 6 | 3:45 - 4:45 | 13 spaces remaining | | | |

Stars of the week



Rec: Musa HK & Jason

Y1: Safreen

Y2: Khadizia

Y3: Amaanah, Alyssa & Zahid

Y4: Amira H

Y5: Adrit

<u>Dining Hall Helper of</u>
The Week:

Eesa -Y4- well done!

<u>After School Clubs -</u> <u>Spring 2023</u>

Each club costs £15.00 for the term. Breakfast club will cost £1.00 per day and Ad-Hoc Club House sessions will cost £1.50 per day.

If you would like to make any changes with the club you have purchased, please let the office know by Monday 16th January 2023.

www.letta.org.uk

Great Big Breakfast









Great Big Breakfast at Bygrove

Thank you to the parents who were able to attend to our Great Big Breakfast. The children enjoyed chatting & laughing together over their breakfasts. We hope you can come to another breakfast event soon.



A sensible snack before your after school club is an important way to help you to stay healthy.

A healthy packed lunch is very important for children it can help them to:

- Have enough energy to concentrate and learn better in the afternoon and after school
- Keep calm and improve behaviour
- Keep healthy and strong

The School Food Trust is an organisation that helps schools to provide healthy food. We have used their guidance to make our packed lunch policy.

Healthy Packed Lunch

If you choose to bring a healthy packed lunch from home, below are some ideas





Cucumber







Chopped fruits or whole fruit

Frubes

Dried Fruits



Sticks



Carrot Sticks



Rice cakes



Hot cross Bun



Small fruit Scone



Bread



Crackers

Pitta Bread



Wrap



Pasta



Bagel



Tuna & Sweetcorn pasta



Cream cheese & cucumber sandwich



Egg Mayonnaise & lettuce bagel



Hummus & salad wrap









Reception are working hard to practise their phonics this week & apply their learning in their writing. We have been really impressed with letter formation too!

Reception

Reception have been enjoying their new role play area this week. The children have been busy working in an airport, flying a plane & getting ready to jet away on holiday. Please let us know if you would like to book a holiday with Bygrove Air!



























BYGROVE'S ROYAL TEA PARTY

2.00PM ON FRIDAY 12 MAY 2023



Wear red, white and blue



Make a crawn at home to wear



The best crowns wine a prize



Bring same food to share with your friends





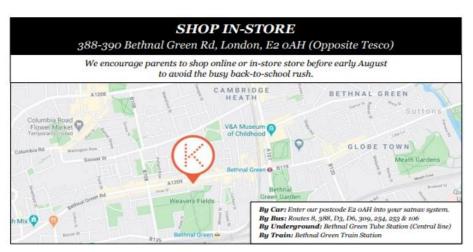






BYGROVE PRIMARY SCHOOL





| UNIFORM | | |
|-----------------------|--------|--|
| SWEATSHIRT (with lo | go) | |
| From | £11.80 | |
| CARDIGAN (with logo) | | |
| From | £14.85 | |
| POLO SHIRT (with logo |) | |
| From | £ 9.25 | |
| BAGS (with logo) | | |
| Book Bag | £ 8.70 | |
| Infant Rucksack | £13.90 | |
| Junior Rucksack | £15.50 | |
| BOYS TROUSER | | |
| From | £12.50 | |
| GIRLS TROUSER | | |
| From | £17.25 | |
| SKIRT | | |
| From | £8.99 | |
| PINAFORE | | |
| From | £21.00 | |
| FLEECE | | |
| From | £18.50 | |

| PE T-SHIRT (with log | 90) |
|----------------------|-------------|
| From | £ 7.10 |
| PE SHORT | |
| From | £ 4.75 |
| JOGGING BOTTOM | IS |
| From | £11.20 |
| GYM BAG | |
| One Size | £ 6.90 |
| SOCKS (Pack of 5) | |
| From | £ 7.90 |
| IRON ON NAME TA | AGS (20 pk) |
| One Size | £ 4.75 |
| WATER BOTTLES | |
| Thermal | £12.49 |
| Eco | £3.20 |
| OTHER ITEMS AV | AILABLE |
| Swimming Trunks/sho | rts |
| Swimming Costumes | |
| Swimming Hats | |
| Swimming Goggles | |
| Leggings | |

All prices are correct at time of print but may be subject to change thereafter (March 2023)

Bygrove Primary School Uniform

Here are the prices for the Bygrove Primary School Uniform (With logo) at Khalsa shop in Bethnal Green.

You can shop online on their website www.khalsaschoolwear.co.uk or scan the barcode.

If you prefer to visit the shop, the address is 388-390 Bethnal Green Rd, London, E2 0AH (opposite tesco).





The Healthy Families Programme – promoting a healthier lifestyle

Some useful tips to make small changes that have a positive impact on family health and wellbeing.

Sessions are practical, fun and accessible to all



Do you want tips on healthy meals and portions?



Do you want to help your whole family to be more active?



Are you confused by so called healthy branding?

5 week Healthy Families Programme (Includes a cooking session)

Dates: Tuesdays 25th April, 2nd, 9th, 16th, 23rd May 2023

Time: 2.00-3.15pm

Venue: Bygrove Primary School

Contact: hamida.begum2@towerhamlets.gov.uk

07543 516092

This programme is delivered by the Tower Hamlets Parental Engagement Team



Year 4 will be swimming in the summer term 1 and 2. This is part of their physical activity and national curriculum. This is also a good opportunity to introduce children to water, develop water skills and water safety.

Their swimming kits will consist of a swimming costume, towel and a swimming hat.

Please contact the office or Atera for any queries.

The Health Families
Programme promoting a healthier
lifestyle

Bygrove Parents/Carers can sign up with Sharon directly.

Year 4 swimming

Every Thursday 11am until 12:55pm Poplar Baths

Swimming kits can be purchased in sports shops or swimming centers.

Please ensure your child brings a full swimming kit to school every Thursday.



If you have a child aged between 0 and 4, you are welcome to join our stay and play sessions!

When: Every Thursday 2pm-3pm

Where: Bygrove Primary School, nursery classroom

Please enter through the main school office and register your name for each session. We will have a maximum capacity of 15 children (with parents) per session.

Some activities to look forward to:

- Painting
- Sand play
- Water play
- Fun with food
- Musical instruments
- Outdoor play
- Planned adult focus activities each week

Please note that parents must stay with their children during the whole session*







WHAT'S MORE, YOUR CHILD WILL...

- Develop social skills whilst having fun with new friends
- Feel motivated as they progress through stages
- . Improve their confidence with every stroke
- And most importantly, learn a life saving skill

Better Swim School offers affordable lessons for all ages and abilities taught by qualified teachers with our own industry leading swim school programme. Our safe and friendly environment will ensure your child enjoys life long fun in and around the water.

Book now to secure your child's place at better.org.uk/swim-school

Simply enter code 'Treat50' at checkout to claim 50 % off your initial payment when you sign up before 31st March 2023.

Bell as to a registered trademark and trades present of 22.1 (Consensati Lances Limited), a distributio posal extensive and emphase and em

Swimming Lessons

If you want to improve your child's water confidence and learn how to swim, you can get 50% off swimming lessons for our pupils outside of school time.

Hall Hire

Price: £45 per hour £50 deposit required at booking and only refundable after the event.

Availability: Most weekends and weekdays in the school holidays up until 10pm.

Car Park Space: 6 cars maximum.

8 double tables with benches attached and 40 chairs. Playground use up until 8pm.

No alcohol allowed.

Please let us know if you would like to hire out the hall for birthdays, Mehndi parties, family gatherings, Eid parties and other events.

Contact Christina Maynard to arrange a viewing via admin@bygrove.org.uk or call 0207 538 4925

