



# The Byword

## Key Dates

- Monday 3rd- Friday 14th April: Easter Holidays
- Monday 17th April: INSET DAY - School closed
- Friday 21st April: Eid Day - School closed
- Monday 1st May: Bank Holiday
- Monday 8th May: Bank Holiday
- Monday 8th May - Friday 10th May: SATS Week
- Monday 15th May: INSET DAY
- Thursday 18th May: Parent workshop - Substance Abuse
- Wednesday 24th May: Year 3 Gorsefield Trip
- Monday 29th May - Friday 2nd June: Half Term
- Monday 5th June: All pupils return to school
- Monday 5th June: Sports Day (Y1-Y6)
- Thursday 8th June: Parent Workshop - County Lines
- Wednesday 21st June: Going to Work Day
- Thursday 22nd June: Class Photos
- Monday 19th - Friday 23rd June: Be Healthy Week



31st March 2023

[www.bygrove.org.uk](http://www.bygrove.org.uk)

@bygrove\_primary

Dear Parents & Carers,

What a busy final week of the spring term at Bygrove!

The week started with an exciting visit from Earth Watch & LEGO who are helping the children to design nature areas in the playground. Please keep your eyes peeled for a new installation which is coming soon....

Year 2 also ventured out to London Zoo this week & had a great time learning about all the different animals.

On Wednesday, our brilliant Year 4 children dazzled the audience at the Greenwich Theatre with their mesmerising performance of A Midsummer Night's Dream as part of the Shakespeare Schools Festival. The audience were blown away with their confident, thoughtful & humorous performance. We are very proud of how hard the children have worked this term to learn their lines & stage directions. I am also very grateful to our incredible staff, particularly Jen & the Year 4 team who have worked tirelessly to prepare the children for their big night. Thank you to all the parents who came along to support on the evening too. It was a fantastic community event!

We wish you all a restful break & look forward to seeing you on Tuesday 18th April for the start of the summer term.

Best wishes,

Fiona



# Spaces for April 2023 until July 2023 are now available!

To sign up, please log on to your ParentPay accounts. Each club space is offered on a first come, first served basis.

Please contact the School Office for help with ParentPay.



Stars of the week

Y1: Farha

Y2: Liyana

Y3: Arwin, Adam & Is-haaq

Y4: All of year 4

Dining Hall Helper of The Week:

This week:

Y3- Mahad- well done!

After School Clubs - Summer 2023

Each club costs £15.00 for the term. Breakfast club will cost £1.00 per day and Ad-Hoc Club House sessions will cost £1.50 per day.

If you would like to make any changes with the club you have purchased, please let the office know by Monday 8th May 2023.

## Monday

|                  |              |             |                     |
|------------------|--------------|-------------|---------------------|
| Club House       | Nursery - Y6 | 3:45 - 5:30 | All welcome         |
| Music Production | Years 2 - Y6 | 3:45 - 4:45 | 20 spaces remaining |
| Football Club    | Nursery - Y3 | 3:45 - 4:45 | 15 spaces remaining |

## Tuesday

|                   |              |             |                     |
|-------------------|--------------|-------------|---------------------|
| Club House        | Nursery - Y6 | 3:45 - 5:30 | All welcome         |
| Multi-Sports Club | Years 3 - Y6 | 3:45 - 4:45 | 20 spaces remaining |

## Wednesday

|               |              |             |                     |
|---------------|--------------|-------------|---------------------|
| Club House    | Nursery - Y6 | 3:45 - 5:30 | All welcome         |
| Football Club | Years 4 - Y6 | 3:45 - 4:45 | 19 spaces remaining |

## Thursday

|                       |              |             |                     |
|-----------------------|--------------|-------------|---------------------|
| Club House            | Nursery - Y6 | 3:45 - 5:30 | All welcome         |
| Cycling/Scooting Club | Years 3 - 6  | 3:45 - 4:45 | 15 spaces remaining |

## Friday

|                 |              |             |                     |
|-----------------|--------------|-------------|---------------------|
| Club House      | Nursery - Y6 | 3:45 - 5:30 | All welcome         |
| Computing Club  | Years 3 - 6  | 3:45 - 4:45 | 15 spaces remaining |
| Volleyball Club | Years 3 - 6  | 3:45 - 4:45 | 20 spaces remaining |

## Explorers Certificates

**Year 1:** Arafat & Zayna

**Year 2:** Tarique,  
Tayeba & Kosi

**Year 3:** Yahya,  
Mohammed &  
Humaira

**Year 4:** Yusuf

**Year 6:** Evie



## Parent Workshop

All parents are welcome to attend these workshops. It will start from 9:30 in the Family Learning Room.

The workshops will be about:

Substance Abuse -

**18.05.2023**

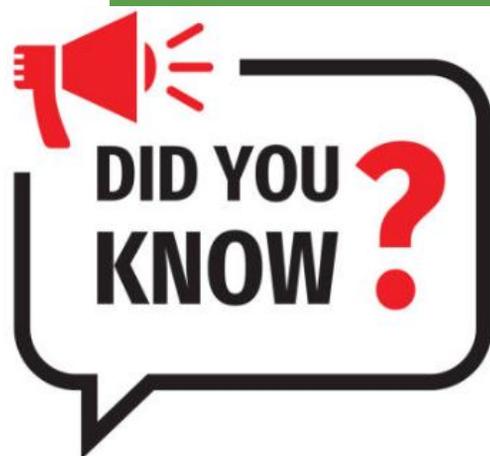
County Lines - **08.06.2023**



When you update your contact information (*mobile number/ email*) via the school office, you also need to make the changes on your ParentPay account?

Please login via <https://www.parentpay.com> to check that your ParentPay account has the most up-to-date information.

Contact the school office for any support with ParentPay.



**ParentPay**

[www.letta.org.uk](http://www.letta.org.uk)

## Autism Awareness Day!

On Friday the children were invited to 'Wear Colour & Be You!' as part of our learning around celebrating everyone for who they are. Autism Awareness Day is on Sunday 2nd April.



There are lots of activities & ideas for how you can learn more about autism as a family. Here are just a few ideas:

### Spectrum Colour Challenge

**Get baking!**  
with Sandro Farmhouse

Hi, I'm Sandro Farmhouse, National Autistic Society ambassador and runner-up on Channel 4's *The Great British Bake Off*.

I am so happy to be an ambassador for the National Autistic Society, and I'm excited to get involved in increasing acceptance and understanding of autism.

I'm really passionate about supporting autistic children and young people to flourish. To help do this, I make autism-friendly recipes and in 2020, I launched Baking on the Spectrum, an online workshop for autistic children and their families. Over the past two years, Baking on the Spectrum has supported over 100 autistic families.

Do you love to bake? For **World Autism Acceptance Week**, I've created an easy recipe: my blueberry muffin crumble bake. Why not get involved in the week by trying my recipe and organising a bake sale?

This week is the biggest event in the charity's year, and every penny raised will help to support the 700,000 autistic people and their families in the UK.

Try out my free recipe below, and get baking to help create a society that works for autistic people.

Best wishes,  
Sandro Farmhouse



### Blueberry crumble muffins

#### For the blueberry sponge:

220g unsalted butter  
220g caster sugar  
2 medium eggs  
1tsp bicarbonate of soda  
A dash of milk  
250g self-raising flour  
200g fresh blueberries



#### For the crumble topping:

100g flaked almonds  
100g self-raising flour  
2tbsp light brown sugar  
50g cubed cold unsalted butter



#### Recipe - Makes 12 muffins or 24 cupcakes

Start by preheating the oven to 160c fan/ 180c.

Beat the butter and sugar together until light and creamy.

Break the eggs (discarding the egg shells) into a bowl and then add them to the butter and sugar. Beat in the eggs until well combined.

Add your bicarbonate of soda, a dash of milk and the flour. Mix until well combined.

Fold in the blueberries, then divide the batter into your 12 muffin cases.

Make the crumble topping by placing all the ingredients in a bowl and using your fingertips to rub the butter in and make crumble.

Spoon the crumble mixture on top of each muffin and bake for 25 minutes, until they are golden and crispy on top.

**This recipe is not suitable for people with nut allergies** - if you have a nut allergy, please leave out the flaked almonds. If holding a bake sale, add labels to any items that contain nuts or other known allergens. Please ensure all of your bakers, both children and adults, are supervised and safe when taking on this challenge. You can read our [guidance](#) on keeping your fundraising safe, legal and fun.

**Don't forget to set up your fundraising page!** Set up a [JustGiving](#) page or a [Facebook fundraiser](#) to make it easier for people to donate to your challenge! All money raised through these pages will go directly to the National Autistic Society.

To boost your donations, share your page on your social media accounts. If you are comfortable telling people why World Autism Acceptance Week means so much to you, it will lead to more donations.

If you have already raised money, or want to make a one-off donation, you can [donate it online](#).

**Provide a safe place for autistic people and their families.**

**£15 could ensure our online community is there for everyone who needs it.**

Thank you for taking part and helping to create a society that works for autistic people and their families.



### Spectrum Colour Challenge

World Autism Acceptance Week  
Monday 27 March to Sunday 2 April 2023

[Sign up now](#)



## Well Done!

These are some of our children who have achieved 100% attendance from the 3rd January until today!  
Well done to them all!



## Feathered Friends

We had some visitors this week in our science garden. Two ducks came to spend time in our pond & we hope they will visit again!



## Reception

The Easter Bunny has been in Reception! This week the children have been learning all about Easter. They made some Easter Rice Cakes but something was missing from the top... Luckily the Easter Bunny came just in time to top their cakes with a treat!



## Forest School

Reception have been enjoying their time at forest school this week. They have been planting different vegetable seeds, splashing around in the mud and having lots of fun with their friends.





## Nursery Easter Hunt

This week the Easter Bunny came to forest school! The children worked in teams to fill up their baskets full of delicious eggs. If anyone spots the Easter Bunny hopping about, please say a big thank you from Nursery!



## Year 3

Year 3 were delighted to receive book bundles from the Children's Book Project. Thank You!



## Year 3

This week in computing, Year 3 continued with their gaming unit. In this lesson, we explored the features of a game creating programme called 2DIY3D on Purple Mash. The children worked hard on creating games that had an equal balance of fun and challenge using triggers and events.



## Year 2 & 4 Earth Watch

We have been offered the fantastic opportunity to be the first school to take part in the Green Earth Schools project with Earth Watch & LEGO.

Year 2 & Year 4 took part in a workshop to design a new nature area in the playground & they used LEGO to create their plans. Next, they will get to install their creation! Thank you so much to Earth Watch for bringing nature to our playground!



# STAY & PLAY

where adventures begin

If you have a child aged between 0 and 4, you are welcome to join our stay and play sessions!

When: Every Thursday 2pm-3pm

Where: Bygrove Primary School, nursery classroom

Please enter through the main school office and register your name for each session. We will have a maximum capacity of 15 children (with parents) per session.

Some activities to look forward to:

- Painting
- Sand play
- Water play
- Fun with food
- Musical instruments
- Outdoor play
- Planned adult focus activities each week

Please note that parents must stay with their children during the whole session\*





SUPPORTED BY  
THE HOLIDAY  
ACTIVITIES &  
FOOD  
PROGRAMME

## CRICKET COACHING PROGRAMME

EASTER (WEEK 1)

VENUE: STEPNEY GREEN SCHOOL  
BEN JONSON ROAD  
STEPNEY  
E1 4SD

MONDAY 3rd APRIL 2023: 10am-3pm  
TUESDAY 4th APRIL 2023: 10am-3pm  
WEDNESDAY 5th APRIL 2023: 10am-3pm  
THURSDAY 6th APRIL 2023: 10am-3pm



## PLATFORM

Supporting young people to progress  
through and in cricket



### THE COACHES

#### LEAD: JAHID AHMED



Jahid Ahmed is a former Essex seam bowler who has worked extensively in youth cricket. He is one of an exclusive group of Level 2 coaches, he has led the development of junior cricket in East London and he is a fast bowling and high performance coach with Kent CCC.

#### OTHER COACHES INCLUDE:

Matt Golding (current Minor County Cricketer; Level 2 Coach), Jonathan Rodda (Club Youth Lead; Level 2 Coach), Matt Stiddard (London Schools U14 Lead; Level 2 Coach), Soyfur Rahman (Middlesex Youth; Level 3 Coach).

#### IS THIS COACHING PROGRAMME FOR YOU?

This course is appropriate for any child in school years 4 to 7.  
Children will experience cricket in a fun, safe and progressive environment, building on their development at an appropriate rate.  
Both beginners and children who have experienced cricket before are welcome.

#### DETAILS

- **COST:** These courses are Free of Charge
- **PLACES:** Allocated to the first 30 respondents on a first come-first serve basis
- **AGES:** 8-12 Years Old
- **LUNCHES & REFRESHMENT:** Parents of children entitled to a Free School Meal will be provided with a hot lunch (Please highlight any dietary requirements when signing-up)
- **CLOTHING & EQUIPMENT:** Regular sports kit & trainers (non-marking soles); Personal protective equipment preferred, although we can supply if a child does not have their own



TO BOOK YOUR PLACE OR TO DISCUSS ANY ASPECT OF THE COURSE  
PLEASE CONTACT:  
**JAHID AHMED**  
**MOB: 07872 947 882**  
**EMAIL: jahid.ahmed@thysf.org**



# Cricket Coaching Programme

If your child is the age of 4 to 7 and would like to join the cricket coaching programme, all you have to do is book a place for them.

It will be held at Stepney Green School from Monday - Friday.



JOIN THE VICTORIA PARK RANGERS FOR

## EASTER IN VICTORIA PARK

**TUESDAY 4 APRIL 2023**  
**ARTS AND CRAFTS**

At the Hub Building  
10:30am-12:30pm

**WEDNESDAY 5 & THURSDAY**  
**6 APRIL 2023**  
**STICKER HUNT**

Collect Maps/worksheet from the Hub lobby between  
10:30am-2:30pm

**WEDNESDAY 12 APRIL 2023**  
**POND DIPPING**

10:30am-12:30pm  
Location: Model Boat lake, behind the playground with the big slides

These events are free.

No need to book, just drop in.

For enquiries please contact:  
[victoriapark@towerhamlets.gov.uk](mailto:victoriapark@towerhamlets.gov.uk)

## Easter in Victoria Park

There will be a variety of activities available throughout the Easter holidays, where you can take your children to have fun.

Check the dates, times and locations for different activities.

Sheet 38

## Family Fun!

Tips & Ideas to help your child develop their phonics skills!



### Make Magic Spoons

Pick up plastic spoons from the pound shop, then use them to practice building words by combining initial sounds with word endings.



### Toss and Blend with Plastic Cups

You will need some plastic cups and ping pong balls. Label the plastic cups with some letter blends and set them out (tape them down if they tend to fall over). Your child will toss a ball into a cup and then come up with a word that uses that letter blend to earn a point.

### Instrumental Sounds

Make sounds with a range of objects  
Play an echo game where children have to copy a rhythm  
Guess the instrument game  
Make shakers and explore the sounds



### Walk the Word

This will keep active learners interested and engaged. Write a word on the ground using chalk in various colours. Ask your child to walk, skip or hop along the letters, sounding the word out along the way. Simple but fun!



## Family Fun!

Tips and ideas to help your child develop their phonics skills.

## Swimming Lessons

If you want to improve your child's water confidence and learn how to swim, you can get 50% off swimming lessons for our pupils outside of school time.



**GIVE YOUR CHILD AN INVALUABLE LIFE SKILL AT**

- MILE END LEISURE CENTRE
- POPLAR LEISURE CENTRE
- TILLER LEISURE CENTRE
- YORK HALL LEISURE CENTRE

Do you want to improve your child's water confidence and give them the ability to swim?

Discover how to kick-start your child's confidence in the water at [better.org.uk/swim-school](https://better.org.uk/swim-school)

USE CODE **Treat50**  
SEE REVERSE FOR DETAILS

**BETTER**



## WHAT'S MORE, YOUR CHILD WILL...

- Develop social skills whilst having fun with new friends
- Feel motivated as they progress through stages
- Improve their confidence with every stroke
- And most importantly, learn a life saving skill

Better Swim School offers affordable lessons for all ages and abilities taught by qualified teachers with our own industry leading swim school programme. Our safe and friendly environment will ensure your child enjoys life long fun in and around the water.

Book now to secure your child's place at [better.org.uk/swim-school](https://better.org.uk/swim-school)

Simply enter code 'Treat50' at checkout to claim 50% off your initial payment when you sign up before 31st March 2023.

Better is a registered trademark and trading name of BSA (Greenwich Leisure Limited), a charitable social enterprise and registered swimming school in the Corporation & Community Goods & Services Act 2012 registration no. 227916. Registered at Four Middlegate House, The Royal Arsenal, London, SE18 6JL. School Number/Charity no. 10613190.

# EASTER HOLIDAY CLUB

## MILE END PARK LEISURE CENTRE AND STADIUM

Looking for something to keep the kids entertained this holiday? Why not spend it with us. Our holiday club activities include:

- Trampolining
- Football
- Swimming
- Arts and Crafts
- Under 8 indoor adventure playground
- Plus much more

Free funded spaces are available for children on Free School Meals. Children must attend a Tower Hamlets school, be aged 5-16 and be in receipt of free school meals to access this offer.

To register your interest please email: [mileendparklc@gll.org](mailto:mileendparklc@gll.org)

3RD - 13TH APRIL  
5-16 YEARS  
£21.20 PER DAY



BETTER

# EASTER JUNIOR SHORT COURSES

3rd-7th April & 10-14th April 2023

WEEK 1  
3rd-7th April

- Athletics: 2pm-3pm
- Trampolining: 11am-12pm

WEEK 2  
10th-14th April

- Gymnastics: 11am-12pm
- Football: 2pm-3pm

For more information please email: [mileendparkleisurecentre@gll.org](mailto:mileendparkleisurecentre@gll.org)

To book: [www.betterlessons.org.uk](http://www.betterlessons.org.uk)

BETTER

## Easter Holiday Club

Clubs available if you want to keep your children entertained during the Easter holiday. Clubs available:

- Trampolining
- Football
- Swimming
- Arts & Crafts
- Under 8 indoor adventure playground

From 3rd - 13th April (5-16 years)

£21.20 per day.

For more information visit the BETTER website. <https://www.better.org.uk/>

## Easter Junior Short Courses

Easter Junior Short Courses are running between 3rd-7th and 10-14th April

Different courses available:

- Athletics
- Trampolining
- Gymnastics
- Football

For more information please visit the website [www.betterlessons.org.uk](http://www.betterlessons.org.uk)

# Hall Hire

**Price: £45 per hour**  
**£50 deposit required at booking and only refundable after the event.**

**Availability: Most weekends and weekdays in the school holidays up until 10pm.**

**Car Park Space: 6 cars maximum.**

**8 double tables with benches attached and 40 chairs.**  
**Playground use up until 8pm.**

**No alcohol allowed.**

**Please let us know if you would like to hire out the hall for birthdays, Mehndi parties, family gatherings, Eid parties and other events.**

**Contact Christina Maynard to arrange a viewing via [admin@bygrove.org.uk](mailto:admin@bygrove.org.uk) or call 0207 538 4925**



The  
**Byword**